

The Care and Use of the Professional Voice

Friday, September 19

Weber State University 1:30 - 3:30 PM

Limit: 60

We each have a unique, powerful tool at our fingertips. We use it every day, though most often not to its greatest potential. This workshop will introduce participants to their professional voice: how the voice works, and the correct care, exercises, posture, and diet choices that will ensure optimal performance. In addition to discussing the problems and solutions related to good vocal health, participants will learn the purpose of the professional voice, and under the direction of voice teacher **Linda Lee**, practice how to effectively use their voice to influence desired results.

Become a Power Connector

Friday, September 26

SLCC Taylorsville Redwood 1:30 - 4:30 PM

Limit: 75

Judy Robinett, listed by Forbes as a new breed of connector and author of *Become A Power Connector: The* 5-50-150 Rule for Turning your Business Network into Profits, McGraw-Hill, will lead this three-hour interactive workshop. You'll learn how to create a robust network that will propel your career to new levels. You'll learn how to maximize and diversify your existing network using technology to make it deeper and wider. You'll learn the secrets that Judy used to develop her network, which includes celebrities, billionaires and business leaders. This is the only workshop being planned by Judy in Utah this year. Don't miss out on this opportunity.

Leading from Where, What, and Who You Are: Inspiring Others to Dream More, Learn More, Do More, and Become More

Friday, October 3

Dixie State University 1:30 - 3:30 PM

Limit: 75

Leadership is a way to leverage your time by way of influence, and with your influence, you can inspire others to do more than you could do alone. John Quincy Adams wrote, "If your actions inspire others to dream more, learn more, do more and become more, you are a leader." What is getting in the way of you believing and acting as if your actions can inspire others? How often have you had great ideas for your organization but didn't share them because you felt you were not in a position to be taken seriously? In this engaging, interactive workshop, led by **Dr. Carole Grady**, Dean of Health Sciences at Dixie State University, you will learn how to face your fears, overcome barriers, use your authentic self, let go of unrealistic expectations, and harness your energy to move from where you are to where you should be as a leader - with or without authority and title - and help others do the same. You don't need a title to be a leader!